



# HUMBOLDT YOUTH SOCCER LEAGUE

## Laws of the Game (abbreviated)

[for complete Laws of the Game see <https://www.theifab.com>]

[see also Referee Signals, Field Markings, and HYSL Local Rules]

[All soccer games are played according to the Laws of the Game except as modified by HYSL Local Rules.]

START/RESTART	WHEN	BALL	OPPONENTS	TEAMMATES
KICKOFF	Start of play. After a goal.	Must be stationary. In play when clearly moves. Can score direct.	10 yards from ball in own half of field	In own half of field, except kicker.
DIRECT FREE KICK	Restart after foul or specified infringement, (such as hand ball*, kicks, pushes, tripping, ...)	Must be stationary. In play when clearly moves. Must leave penalty area. Can score on DFK against opponent only.	10 yards from ball	Anywhere
INDIRECT FREE KICK	Restart after foul or specified infringement, (such as offside*, dangerous play, dissent, ...)	Must be stationary. In play when clearly moves. Must leave penalty area. Can score on IFK but must touch another player before a goal is scored.	10 yards from ball except may be between goal posts on IFK in own penalty area.	Anywhere
THROW IN	Ball over touch line.	Delivered from behind and over head. Must enter field. Cannot score direct.	2 yards	Anywhere. Not offside if ball received directly.
GOAL KICK	Ball over goal line. Last touched by attacker.	Must be placed within goal area. Must be stationary. In play when clearly moves. Can score direct against opponent.	Outside penalty area	Anywhere. Not offside if ball received directly.
CORNER KICK	Ball over goal line. Last touched by defender.	Must be placed within corner arc. Must be stationary. In play when clearly moves. Can score direct.	10 yards from ball	Anywhere. Not offside if ball received directly.
PENALTY KICK	DFK foul in penalty area by defender.	Must be stationary on penalty mark. In play when clearly moves forward. Can score direct.	Outside penalty area and arc and behind penalty mark, except goalkeeper.	Outside penalty area and arc and behind penalty mark, except kicker.
DROP BALL	Referee stops play for reasons not covered in Laws.	Referee drops. In play when touched ground. Must touch another player before a goal is scored.	4.5 yards away. Cannot be offside.	4.5 yards away. Cannot be offside.

- Hand ball: must be deliberate
- Offside: A player is in an offside position if the player is in the opponents' half and is nearer to the opponents' goal line than both the ball and the second-last opponent. An offside offense occurs at the moment a player in an offside position interferes with play by playing or touching a ball passed or touched by a teammate.



# HUMBOLDT YOUTH SOCCER LEAGUE

## LOCAL RULES 2022-2023

### Humboldt Youth Soccer League (2022-2023)

Age Group	Length of Game	Players per Side	Ball	Offside	Heading*	Slide Tackle*	Punt or drop kick by GK
U6	4 × 6 min.	4 v 4	#3	No	No	No	No
U8	4 × 12 min.	5 v 5	#3	No	No	No	No
U10	2 × 25 min.	7 v 7	#4	Yes*	No	No	No
U12	2 × 30 min.	9 v 9	#4	Yes*	No	No	Yes
U14	2 × 35 min.	11 v 11	#5	Yes*	No	No	Yes

- Restart is an Indirect Free Kick

### U8 and U10

The **Build-Out Line (BOL)** is a line across the width of the field mid-way between the top of the penalty area and the half-way line. It is intended to promote playing the ball out from the defensive third in a less pressured setting.

**During play:** When the goalkeeper has control (with his/her hands) of the ball during play, the opposing team **MUST** move behind the BOL until the ball is released (put in play) by the goalkeeper.

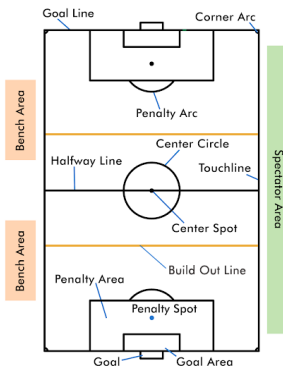
The goalkeeper can pass, throw, or roll the ball into play (NO punts or drop kicks.)

**Goal kick restart:** The opposing team **MUST** move behind the BOL for a goal kick restart.

The opposing team may only cross the BOL once the ball is in play (meaning that the ball has been touched and clearly moves.). (Players on the goalkeeper's team may stand anywhere on the field, including inside the penalty area.)

U8: No offsides

U10: The build-out line will also count as the line to assess where offside offenses occur. Players cannot be penalized for an offside offense between halfway line and BOL. Players can be penalized for an offside offense between the BOL and goal line.



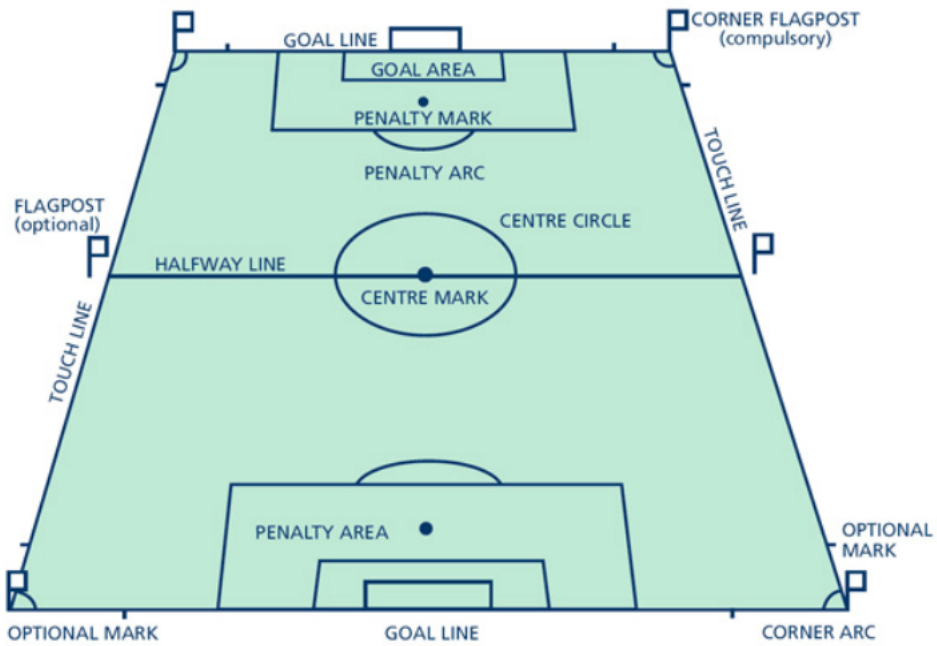
## Concussion Protocol

What can cause a concussion: Head hits ground; Head-to-head blow; Knee, elbow, foot striking the head; Head hitting ground or object (such as goal frame); Ball striking head and it snaps back

Item	Referee
Local rule: No deliberate heading at any age group.	
What to do if player heads the ball deliberately	Indirect free kick from spot of header (subject to limitations of law 13 inside goal area)
What to do if suspected head/neck/back injury	Stop play immediately. Do quick evaluation. Call coach onto field to attend to player. Player must leave field (Don't force seriously injured player to be moved though.)
After the game	Report what happened on the game card.



# HUMBOLDT YOUTH SOCCER LEAGUE FIELD MARKINGS



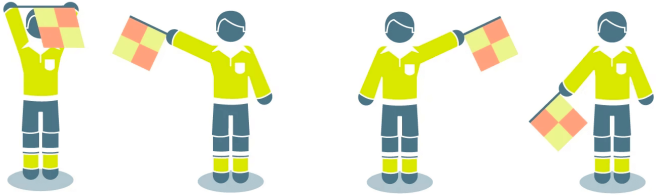
# REFEREE SIGNALS



Penalty kick      Advantage (1)      Advantage (2)      Indirect free kick      Direct free kick



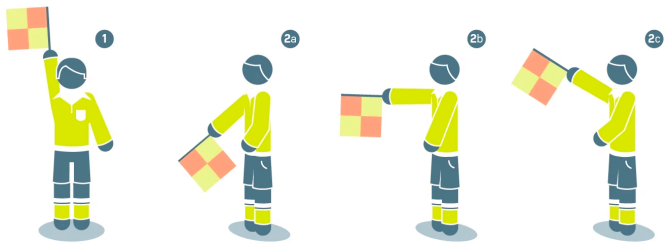
Corner kick      Goal kick      Red and yellow card      Check: finger to ear, other hand/arm extended      Review: 'TV signal'



Substitution      Throw-in for attacking team      Throw-in for defending team      Corner kick



Free kick for attacking team      Free kick for defending team      Goal kick



Offside      Offside on the near side of the field      Offside in the middle of the field      Offside on the far side of the field